

# Breakfast

Served all day

## Egg & Cheese

380/760 cal \$4.00 / \$6.00

## Steak, Egg & Cheese

450/900 cal \$4.00 / \$6.00

## Black Forest Ham, Egg & Cheese

410/820 cal \$4.00 / \$6.00

## Bacon, Egg & Cheese

460/920 cal \$4.00 / \$6.00

## Choose egg or egg white

Plus applicable tax

Deduct 40 cals per 6" sandwich with egg white.

Calories refer to breakfast sandwiches on flatbread.

6"/Footlong

# Signature

## Chicken & Bacon Ranch Melt

**610/1220** cal \$5.80 / \$9.20

## Cold Cut Combo

**360/720** cal \$4.65 / \$6.80

## Italian B.M.T.<sup>®</sup>

**410/820** cal \$5.80 / \$9.20

## Meatball Marinara

**480/960** cal \$4.65 / \$7.00

## Spicy Italian

**480/960** cal \$4.80 / \$6.90

## Steak & Cheese

**380/760** cal \$5.80 / \$9.20

## Tuna

**480/960** cal \$5.30 / \$8.00

**Plus applicable tax**

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Calories refer to subs prepared to standard recipe on 9-grain wheat bread with lettuce, tomatoes, onions, green peppers and cucumbers.

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6"/Footlong



# Subway Fresh Fit<sup>®</sup>

## Rotisserie-Style Chicken

**350/700 cal** \$5.79 / \$8.55

## Roast Beef

**320/640 cal** \$5.80 / \$9.20

## Subway Club<sup>®</sup>

**310/620 cal** \$5.80 / \$9.20

## Oven Roasted Chicken

**320/640 cal** \$5.30 / \$8.30

## Turkey Breast

**280/560 cal** \$5.30 / \$8.20

## Black Forest Ham

**290/580 cal** \$4.80 / \$7.30

## Sweet Onion Chicken Teriyaki

**370/740 cal** \$5.80 / \$9.20

## Veggie Delite<sup>®</sup>

**230/460 cal** \$4.65 / \$6.80

**Plus applicable tax**

Subway Fresh Fit<sup>®</sup> 6" subs are less than 400 calories, low in saturated fat and contain 24 g of whole grains.

6" Subway Fresh Fit<sup>®</sup> subs refer to subs prepared to standard recipe on 9-grain wheat bread with lettuce, tomatoes, onions, green peppers and cucumbers. Subway Fresh Fit<sup>®</sup> is not a diet program.

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