

PICK A MEAL



BOWL 230-990 cal

1 entree & 1 side

starts at* \$6.80



PLATE 380-1460 cal

2 entrees & 1 side

starts at* \$8.35



BIGGER PLATE 530-1930 cal

3 entrees & 1 side

starts at* \$10.00

Limit 3 entrees per plate

KID'S MEAL 330-1000 cal starts at* \$6.60

jr. entree, jr. side, 12 oz drink & cookie

ENTREE CHOICES

Check the line for Chef's Specials

Orange Chicken  380 cal

String Bean Chicken Breast  190 cal

Kung Pao Chicken  290 cal

Mushroom Chicken  170 cal

Beijing Beef  470 cal

Broccoli Beef  150 cal

Shanghai Angus Steak  310 cal

Honey Walnut Shrimp  360 cal

Grilled Teriyaki Chicken  300 cal

*  Additional Premium Charge: Entree + \$1.50 | Kid's Entree + \$1.00

SIDE CHOICES

Choose One or get Half & Half

Chow Mein
510 cal

White Steamed Rice
380 cal

Mixed Vegetables
80 cal

Brown Steamed Rice
420 cal

Fried Rice
520 cal

MORE CHOICES

Chicken Egg Roll 200 cal \$2.15

Veggie Spring Rolls (2) 190 cal \$2.15

A LA CARTE BOXES

Entrees
80-1645 cal

Premium Entree

Sides

120-1040 cal

Sm	\$4.50		\$5.89
Med	\$8.10		\$10.89
Lg	\$11.10		\$15.24

Med	\$3.40
Lg	\$4.50



DRINKS



Fountain 0-510 cal | \$2.59 | \$2.74

Bottled Water \$2.63

Bottled Drinks \$2.74

Juice \$2.41

Spicy Wok Smart | 300 calories or less & at least 8g of protein

2,000 cal/day is used for general nutrition advice. Calorie needs vary. More nutrition information available upon request.