

Breakfast

Served All DAY

Egg & Cheese

380/760 cal \$4.25 / \$6.50

Steak, Egg & Cheese

450/900 cal \$4.25 / \$6.50

Black Forest Ham, Egg & Cheese

410/820 cal \$4.25 / \$6.50

Bacon, Egg & Cheese

460/920 cal \$4.25 / \$6.50

Sausage, Egg & Cheese

520/1040 cal \$4.25 / \$6.50

Sunrise Subway Melt

530/1060 cal \$4.25 / \$6.50

Turkey Egg & Cheese

390/780 cal \$4.25 / \$6.50

Choose egg or egg white

Plus applicable tax

Deduct 40 cals per 6" sandwich with egg white.

Calories refer to breakfast sandwiches on flatbread.

6"/Footlong

Signature

Chicken & Bacon Ranch Melt

610/1220 cal \$5.80 / \$9.20

Cold Cut Combo

360/720 cal \$4.65 / \$6.80

Italian B.M.T.[®]

410/820 cal \$5.30 / \$8.20

Meatball Marinara

480/960 cal \$4.65 / \$7.00

Spicy Italian

480/960 cal \$4.80 / \$6.90

Steak & Cheese

380/760 cal \$5.80 / \$9.20

Tuna

480/960 cal \$5.30 / \$8.00

Plus applicable tax

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Calories refer to subs prepared to standard recipe on 9-grain wheat bread with lettuce, tomatoes, onions, green peppers and cucumbers.

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6"/Footlong

Subway Fresh Fit[®]

Rotisserie-Style Chicken

350/700 cal \$5.80 / \$9.20

Roast Beef

320/640 cal \$5.80 / \$9.20

Subway Club[®]

310/620 cal \$5.80 / \$9.20

Oven Roasted Chicken

320/640 cal \$5.30 / \$8.30

Turkey Breast

280/560 cal \$5.30 / \$8.20

Black Forest Ham

290/580 cal \$4.80 / \$7.30

Sweet Onion Chicken Teriyaki

370/740 cal \$5.80 / \$9.20

Veggie Delite[®]

230/460 cal \$4.65 / \$6.80

Plus applicable tax

Subway Fresh Fit[®] 6" subs are less than 400 calories, low in saturated fat and contain 24 g of whole grains.

6" Subway Fresh Fit[®] subs refer to subs prepared to standard recipe on 9-grain wheat bread with lettuce, tomatoes, onions, green peppers and cucumbers. Subway Fresh Fit[®] is not a diet program.

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6"/Footlong